














































Field Guide To Pride Flags

(Slightly-Less-Incomplete-Edition)

Orientations

 Abrosexual	 Aceflux	 Achilleian	 Aegoromantic	 Aegosexual	 Alloace
 Alloaro	 Apothromantic	 Apothisexual	 Aroace	 Aroflux	 Aromantic
 Asexual	 Bisexual	 Cupioromantic	 Cupiosexual	 Demiromantic	 Demisexual
 Frayromantic	 Fraysexual	 Gay+Male	 Gray+Asexual	 Grayromantic	 Lesbian
 Lesbian	 Lithromantic	 Nebularomantic	 Omnisexual	 Oriented Aroace	 Pansexual
 Polysexual	 Quoiromantic	 Reciproromantic	 Reciprosexual	 Sapphic	








Gender Identities

 Agender	 Bigender	 Demiboy	 Demigirl	 Genderfluid	 Genderqueer
	 Neutrois	 Non-Binary	 Trans	 Two-Spirit	

And More

 Bear	 Disability	 Intersex	 Intersex-Inclusive Progress Flag	 More Color More Pride	 Neurodivergent
 Original Rainbow	 Polyamory	 Polyamory	 Progress	 Queerplatonic	 Ally

The After Party

 BDSM	 Leather	 Leather Boy	 Leather Girl	 Pony	 Puppy
 Rubber					

Presented By



Seattle Aces & Aros

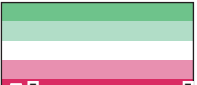











Pride Flag



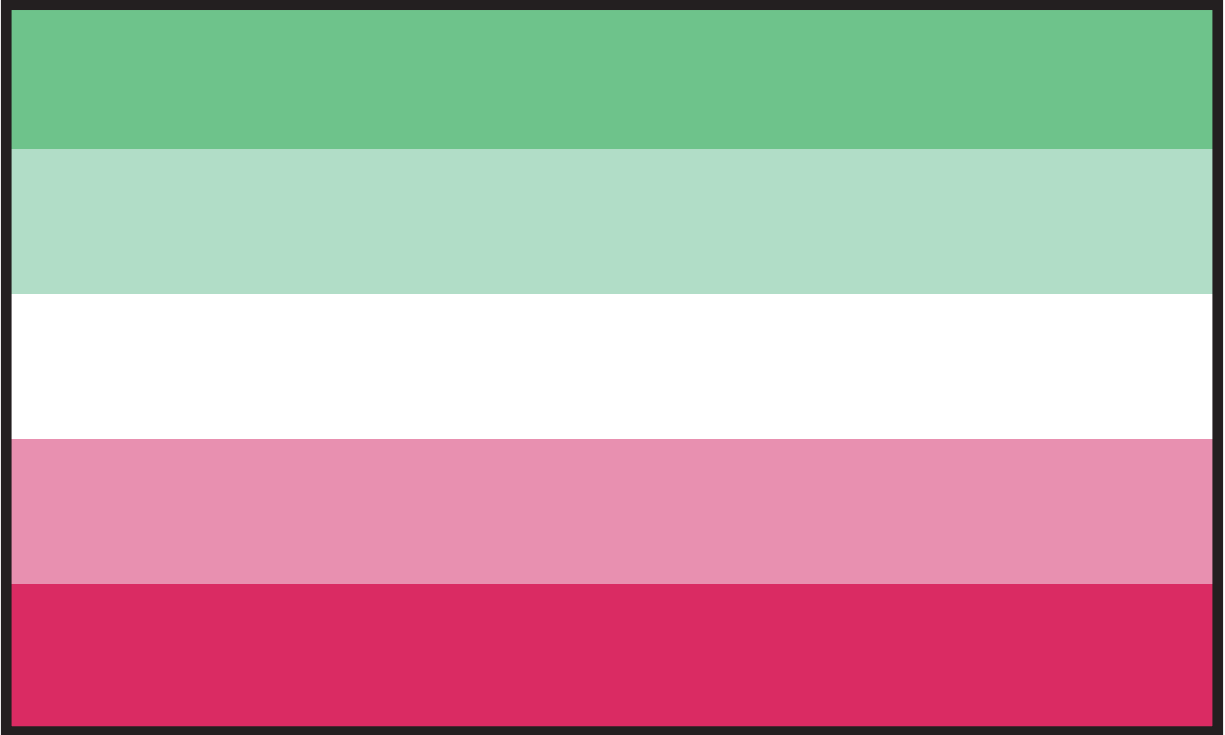
The rainbow pride flag, originally designed by Gilbert Baker in 1978, is considered an umbrella flag, representing the entire LGBTQIA+ community.

Many gay people also use this flag specifically as a gay flag and do not use a more specific flag.

Orientations

 Abrosexual	 Aceflux	 Achilleian	 Aegoromantic	 Aegosexual	 Alloace
 Alloaro	 Apothiromantic	 Apothisexual	 Aroace	 Aroflux	 Aromantic
 Asexual	 Bisexual	 Cupioromantic	 Cupiosexual	 Demiromantic	 Demisexual
 Frayromantic	 Fraysexual	 Gay Male	 Gray-Asexual	 Grayromantic	 Lesbian
 Lesbian	 Lithromantic	 Nebularomantic	 Omnisexual	 Oriented Aroace	 Pansexual
 Polysexual	 Quoiromantic	 Reciproromantic	 Reciprosexual	 Sapphic	

Abrosexual



Abrosexuality refers to individuals whose sexual attraction fluctuates or changes over time. An abrosexual person may experience shifts in their sexual orientation, meaning they might feel attracted to different genders or shift between asexual and allosexual at various points in their life.

Aceflux



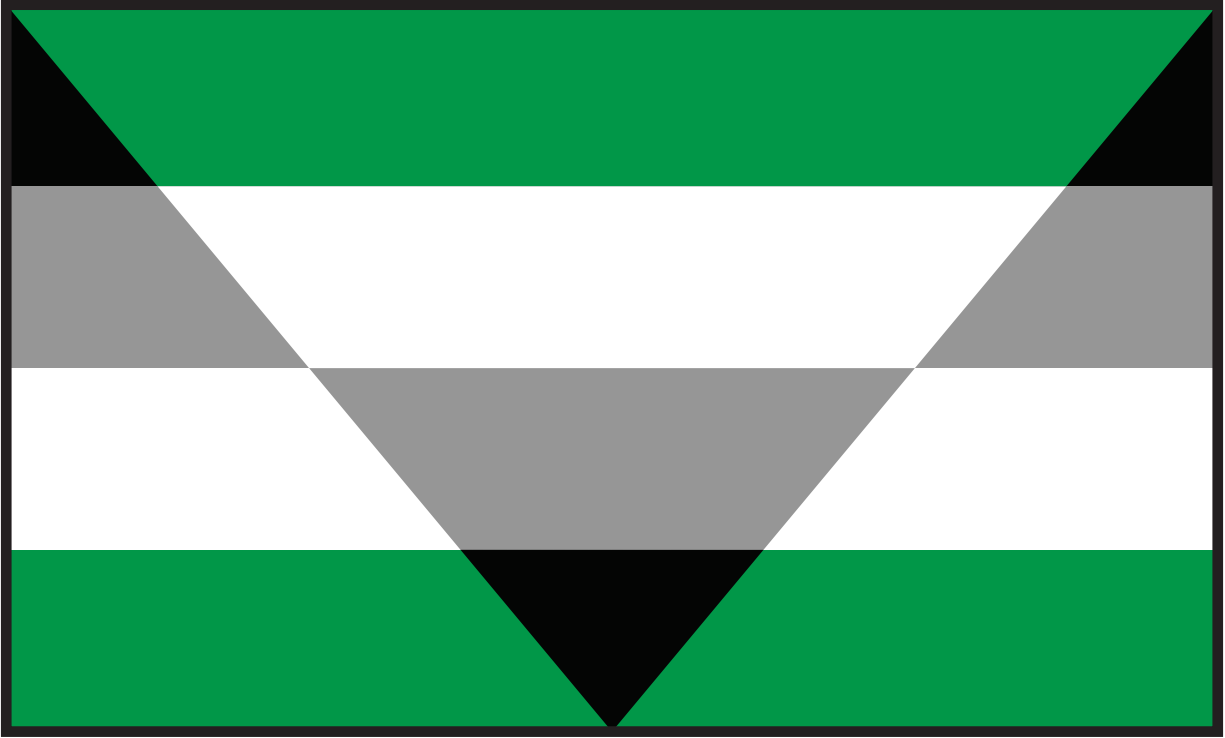
Aceflux is a term used to describe individuals whose experience of sexual attraction fluctuates over time. Aceflux people may experience periods of sexual attraction, followed by times where they feel no sexual attraction at all, or they might experience different types of sexual attraction at different points in their life.

Achillean



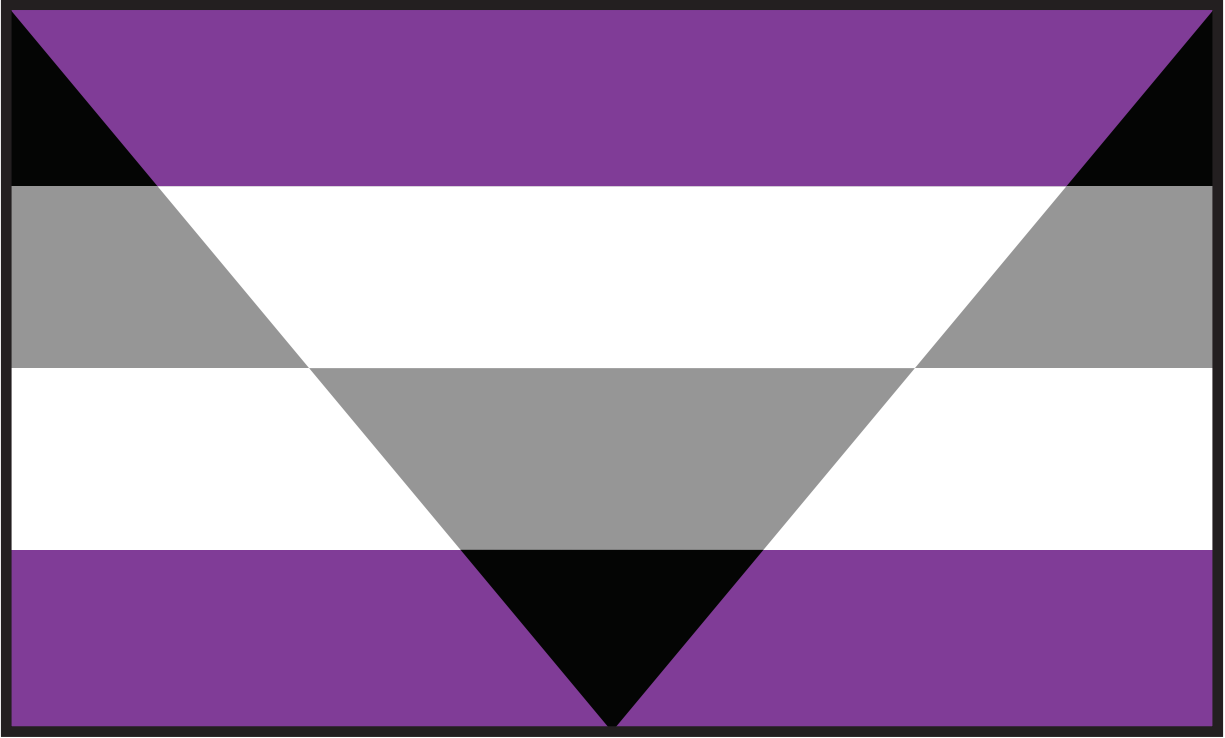
Achillean is a term that is used to describe a man or masc-identifying person who is romantically or sexually attracted to other men or masc-identifying people. It is not strictly limited to gay men, but will also include bi or pan people and non-binary or other gender nonconforming people.

Aegoromantic



Aegoromantic refers to someone who does not feel romantic attraction, but likes seeing romance or romantic attraction acted upon by others.

Aegosexual



Aegosexual refers to someone who does not feel sexual attraction, but likes seeing sex or sexual attraction acted upon by others.

Alloace



Alloace is a term used to describe someone who identifies as both alloromantic and asexual. These individuals do experience romantic attraction (*allo*), but do not experience sexual attraction (*ace*) to others.

Alloaro



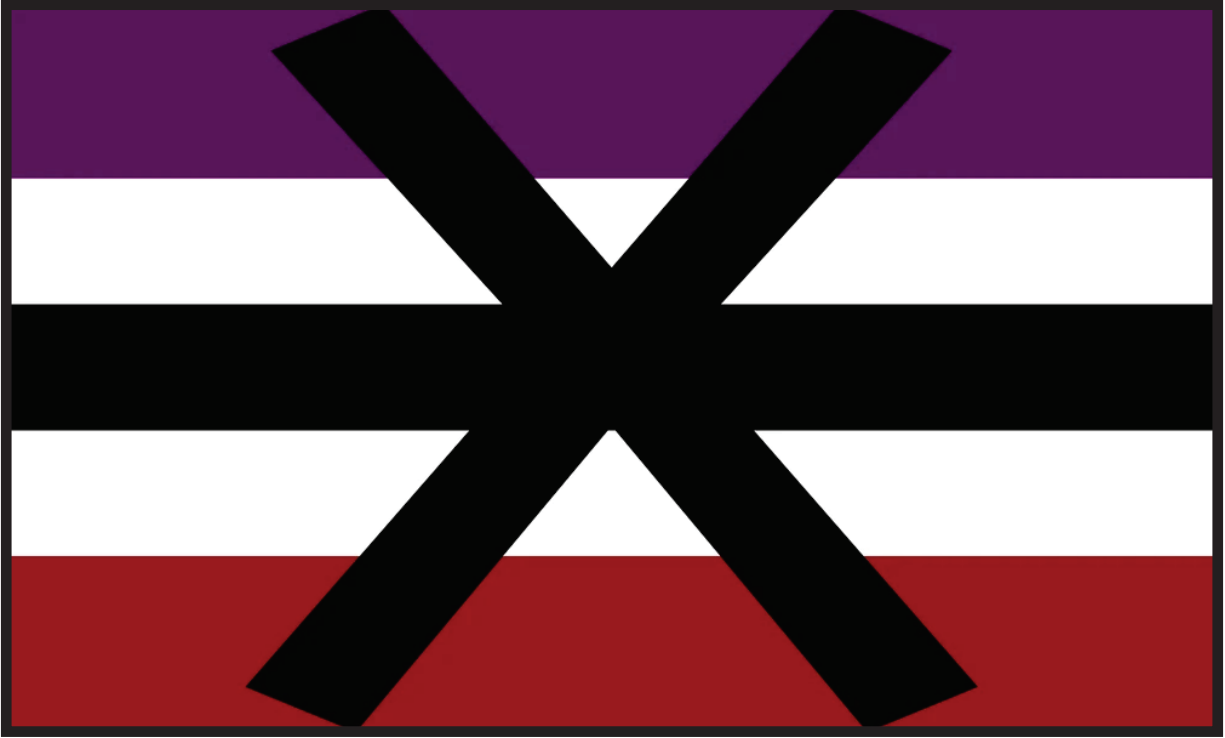
Alloaro is a term used to describe someone who identifies as both allosexual and aromantic. These individuals do experience sexual attraction (*allo*), but do not experience romantic attraction (*aro*) to others.

Apothiromantic



Apothiromantic is a term used to describe individuals who experience a disinterest or aversion to romantic relationships or romantic attraction. People who identify as apothiromantic may feel uncomfortable or repelled by romantic interactions and may not have any desire to form romantic connections with others.

Apothisexual



Apothisexual is a term used to describe individuals who experience a disinterest or aversion to sexual relationships or sexual attraction. People who identify as apothisexual may feel uncomfortable or repelled by sexual interactions and may not have any desire to form sexual connections with others.

Aroace



Aroace is a term used to describe someone who identifies as both aromantic and asexual. These individuals do not experience romantic attraction (*aro*) or sexual attraction (*ace*) to others.

Aroflux



Aroflux is a term used to describe individuals whose experience of romantic attraction fluctuates over time. Aroflux people may experience periods of romantic attraction, followed by times where they feel no romantic attraction at all, or they might experience different types of romantic attraction at different points in their life.

Aromantic



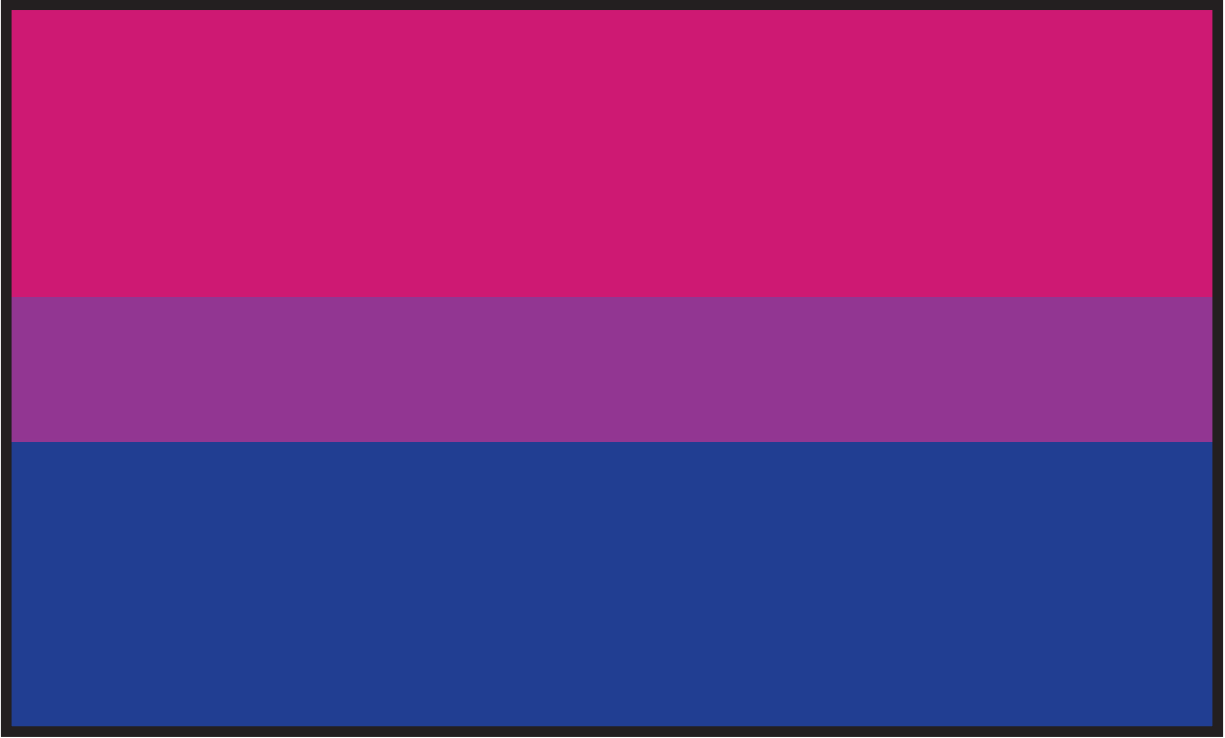
Aromanticism is a romantic orientation in which an individual experiences little to no romantic attraction to others. Aromantic people may not experience the desire to form romantic relationships or may not experience romantic attraction in the way that is typical for others.

Asexual



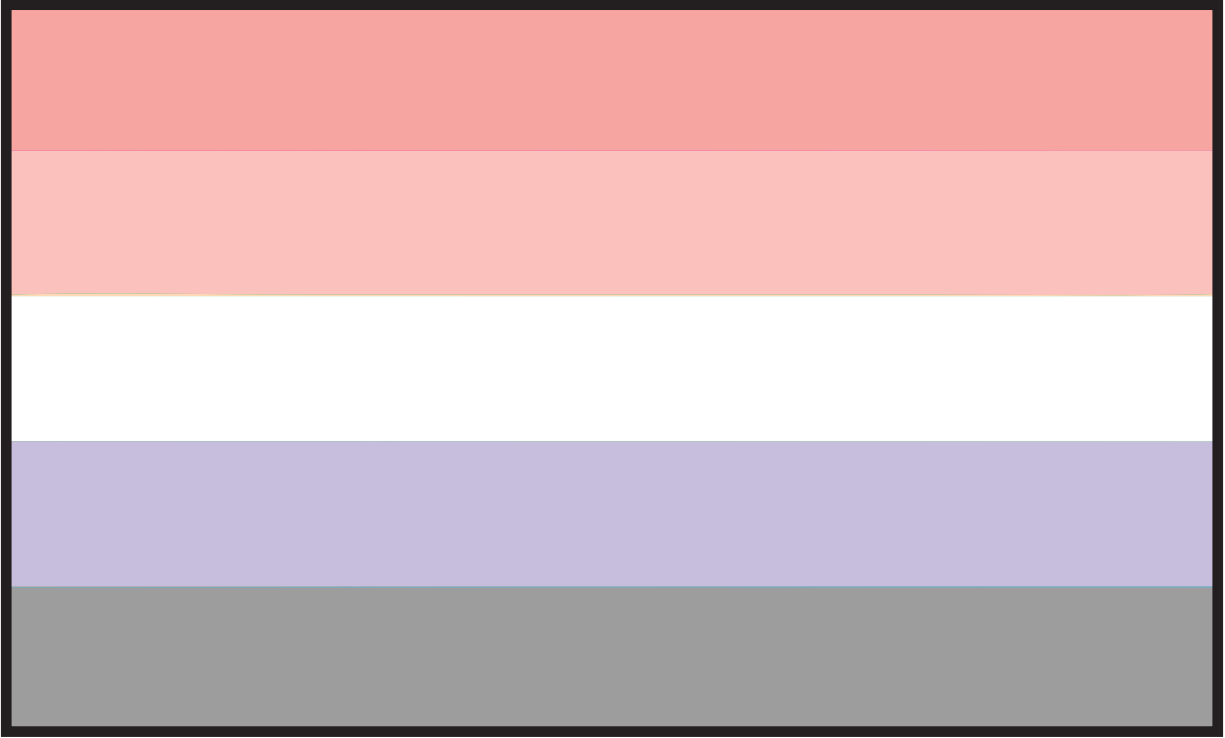
Asexuality is a sexual orientation where an individual experiences little to no sexual attraction to others. Asexuality exists on a spectrum, meaning individuals may experience varying levels of attraction, or none at all, and some may still desire romantic relationships.

Bisexual



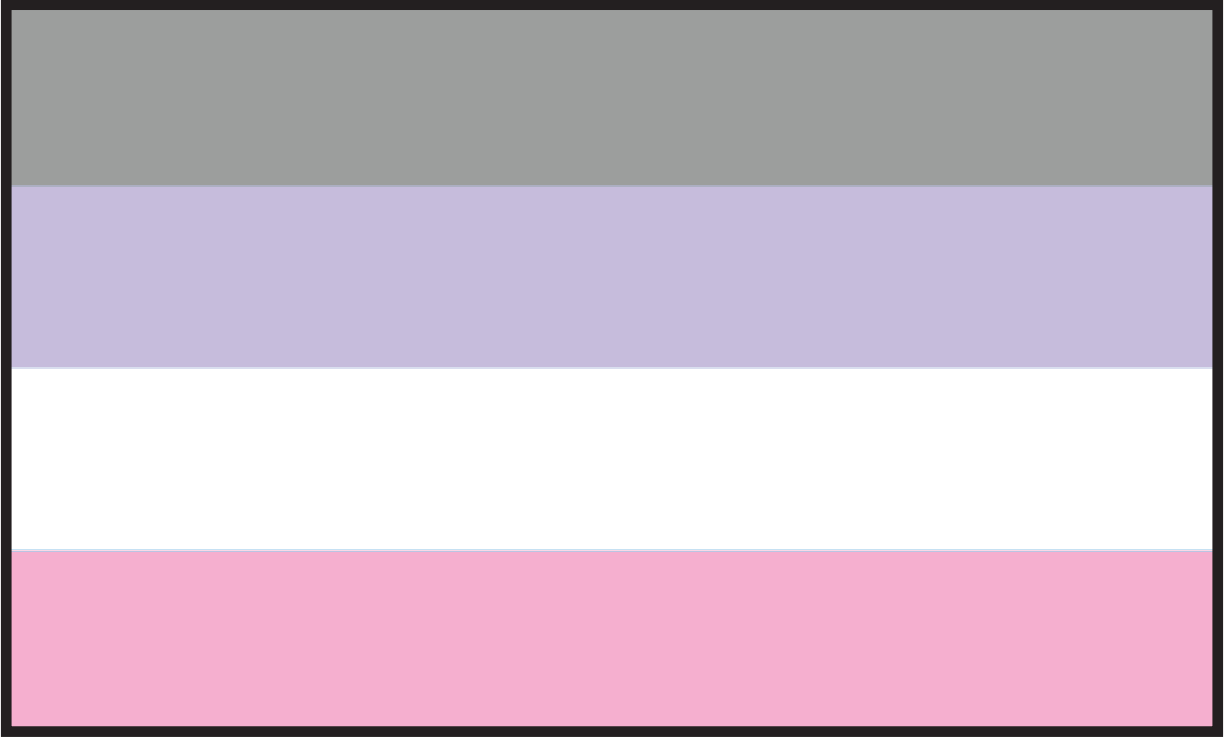
Bisexuality is a sexual orientation in which an individual experiences sexual attraction to more than one gender.

Cupioromantic



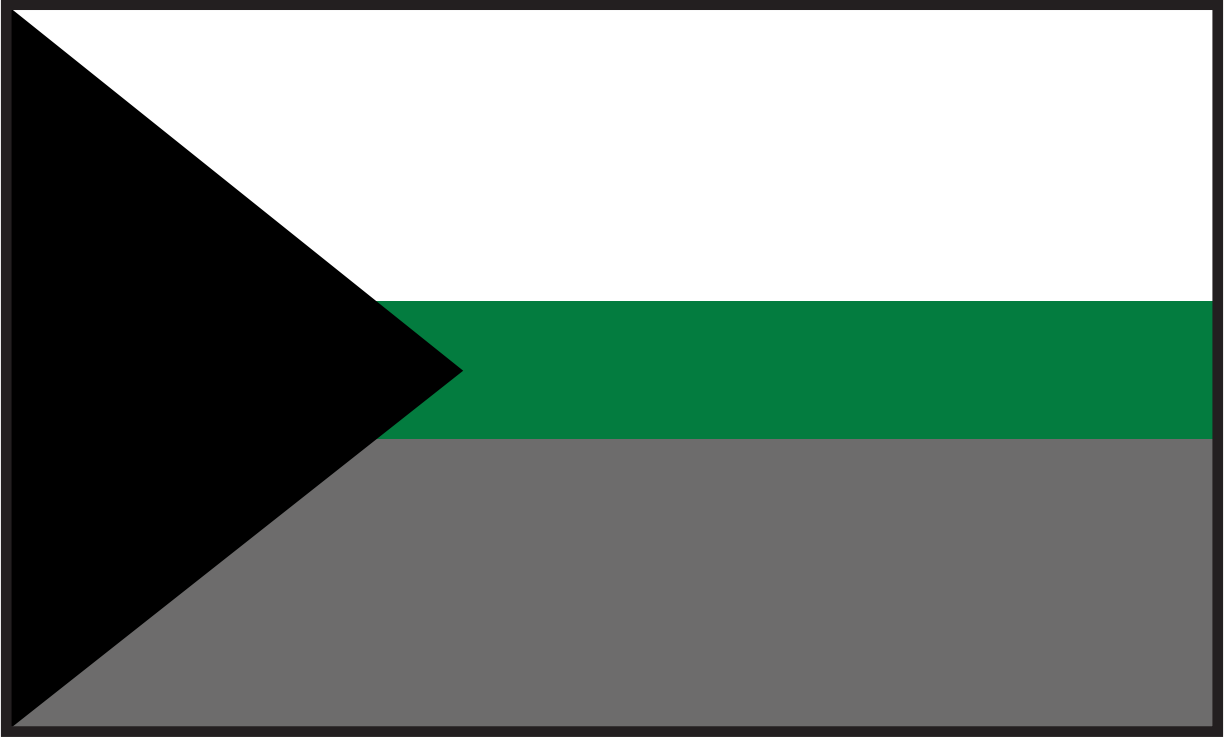
A cupioromantic person may desire a romantic relationship, yet not experience romantic attraction.

Cupiosexual



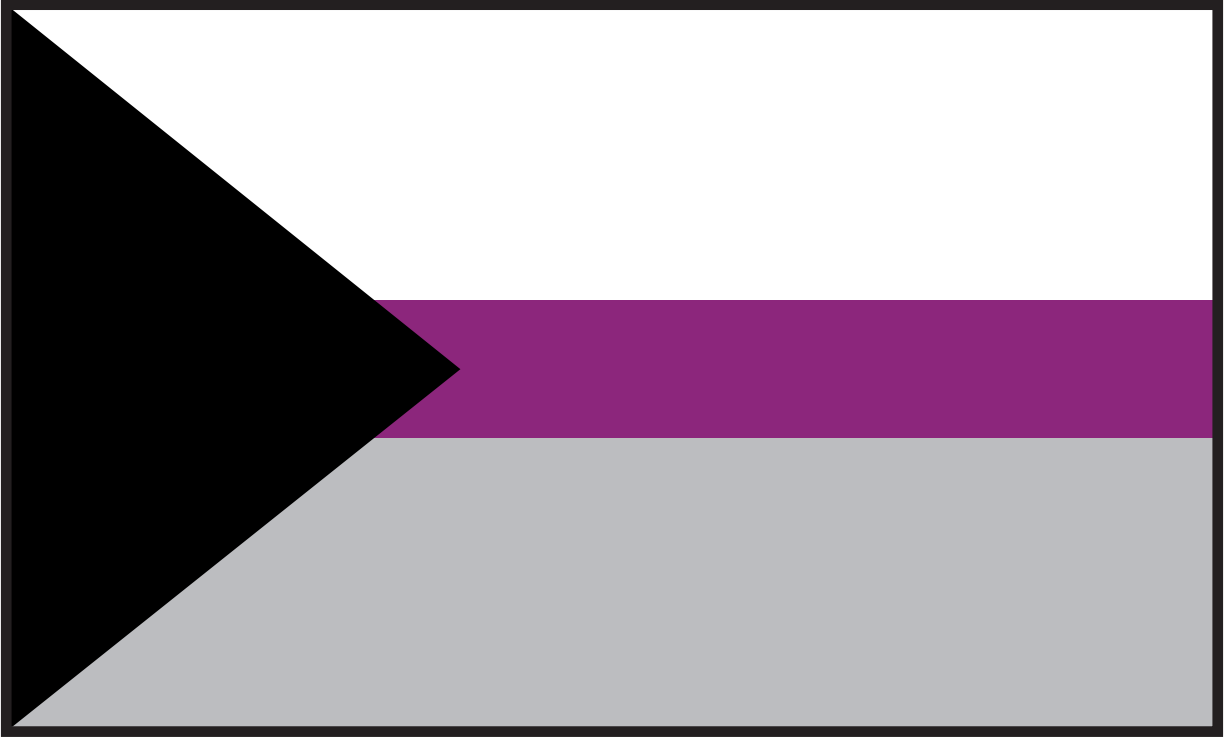
A cupiosexual person may desire a sexual relationship, yet not experience sexual attraction.

Demiromantic



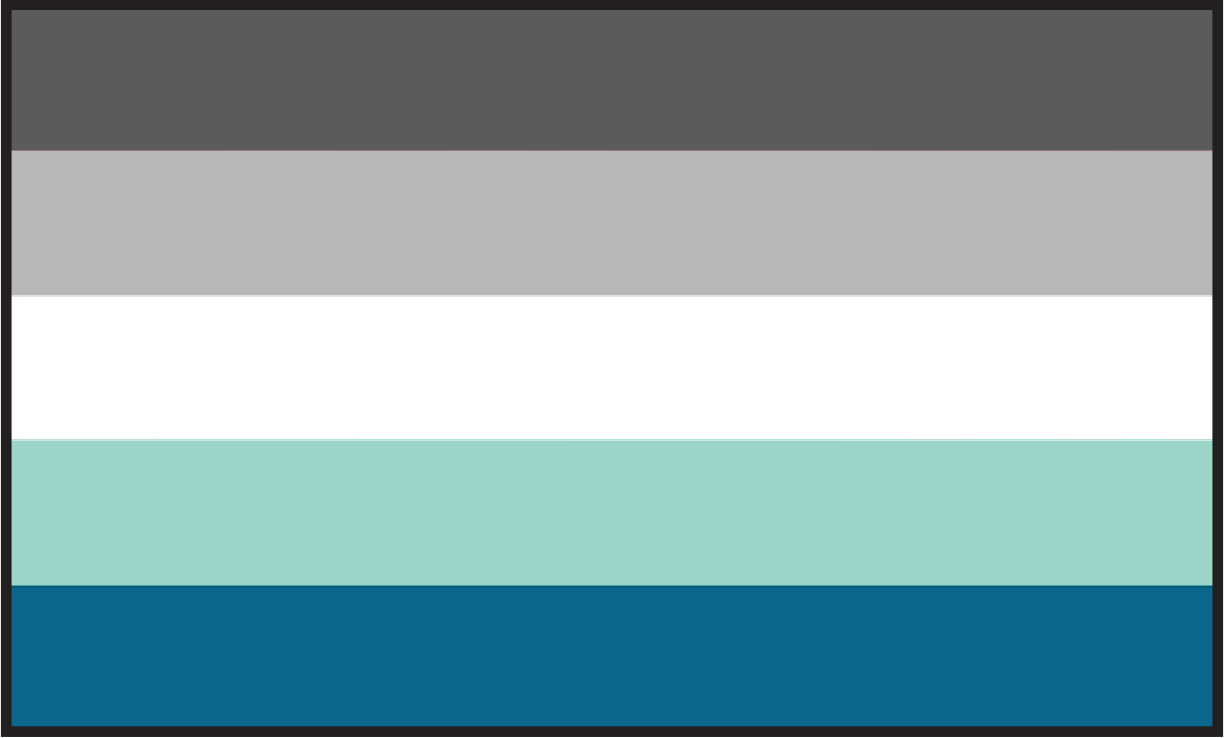
Demiromanticism is a romantic orientation where individuals can experience romantic attraction to someone only after forming a strong emotional bond with them.

Demisexual



Demisexuality is a sexual orientation where individuals can experience sexual attraction to someone only after forming a strong emotional bond with them.

Frayromantic



Frayromantic refers to individuals who experience romantic attraction to someone, but that attraction fades or diminishes once they get to know the person better.

Fraysexual



Fraysexual refers to individuals who experience sexual attraction to someone, but that attraction fades or diminishes once they get to know the person better.

Gay Male



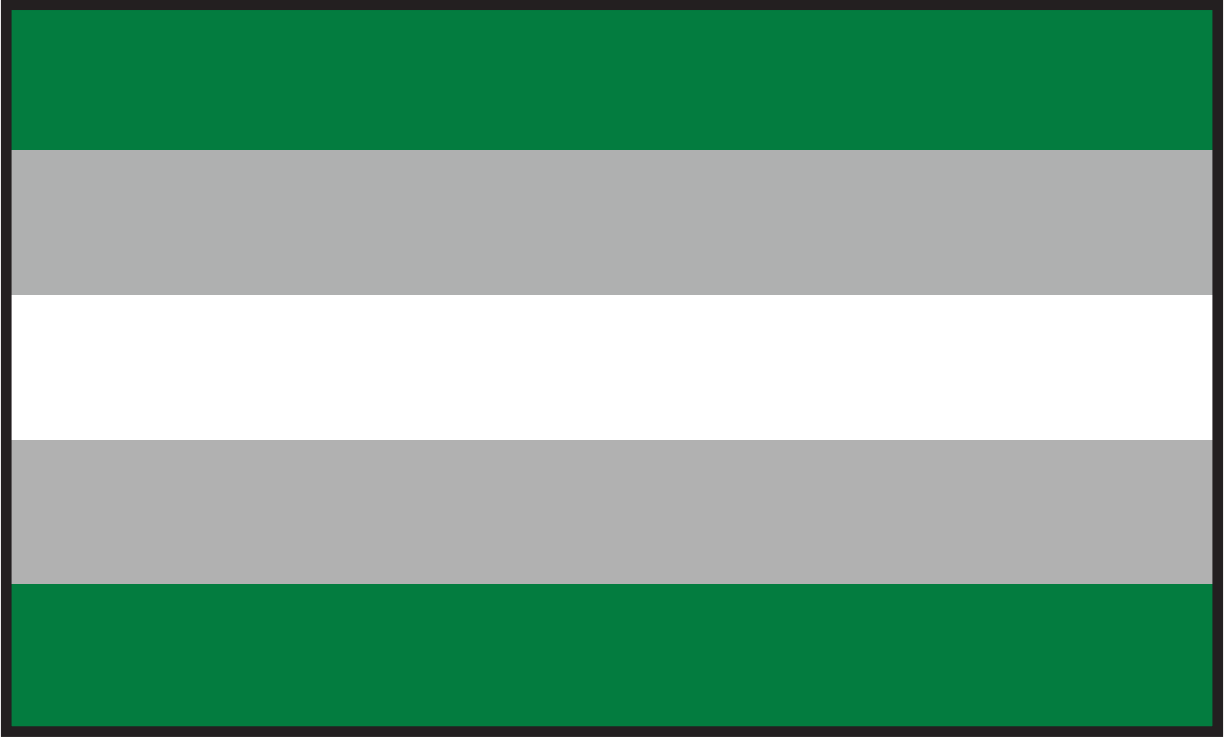
A gay male is a man who experiences romantic and/or sexual attraction to other men.

Gray-aseexual



Gray-aseexuality (or gray-ace) is a term used to describe people who fall somewhere between asexual and allosexual. Gray-aseexuals may experience sexual attraction infrequently or under specific circumstances, or may be unsure about whether what they feel can be considered sexual attraction.

Grayromantic



Grayromanticism is a term used to describe people who fall somewhere between aromantic and alloromantic. Grayromantic people may experience romantic attraction infrequently or under specific circumstances, or may be unsure about whether what they feel can be considered romantic attraction.

Lesbian



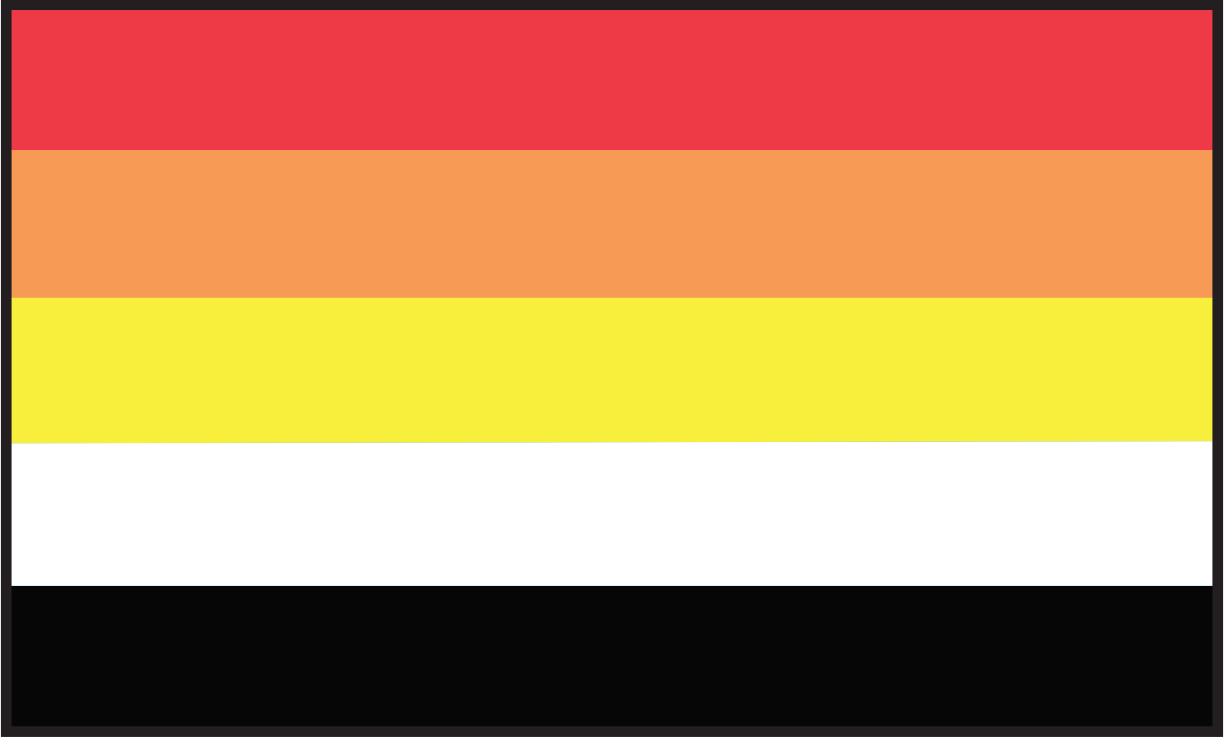
A lesbian is a woman who experiences romantic and/or sexual attraction to other women.

Lesbian



The “Labrys Axe” Lesbian flag dates back to the late 90’s. The labrys is a weapon used by the Amazons, purple is a color associated with the poet Sappho of Lesbos, while the inverted black triangle is a reclaimed symbol which had been used by the Nazis to identify “asocial women”.

Lithromantic



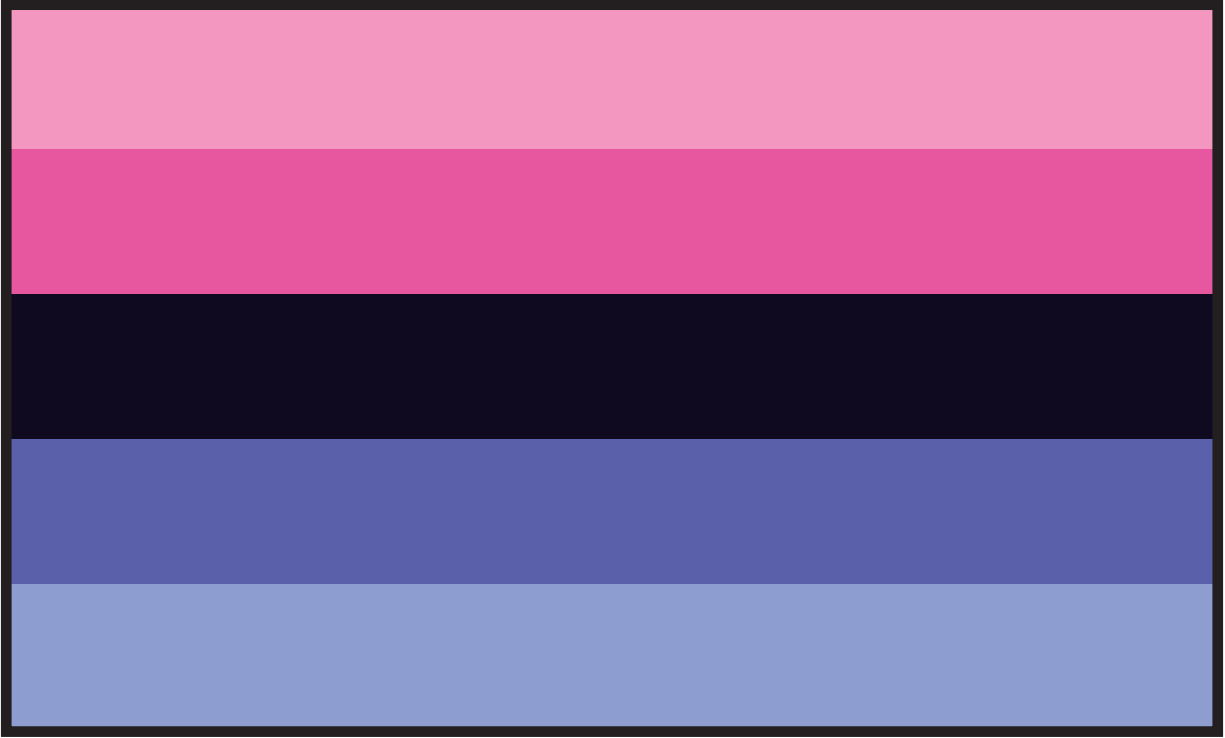
Lithromantic refers to individuals who experience romantic attraction but lose that attraction once it is reciprocated. In other words, a lithromantic person may feel romantic attraction to someone, but once the other person expresses romantic interest in return, the attraction fades or disappears.

Nebularomantic



Nebularomantic is used by neurodivergent people who have difficulty telling the difference between romantic and platonic attraction.

Omnisexual



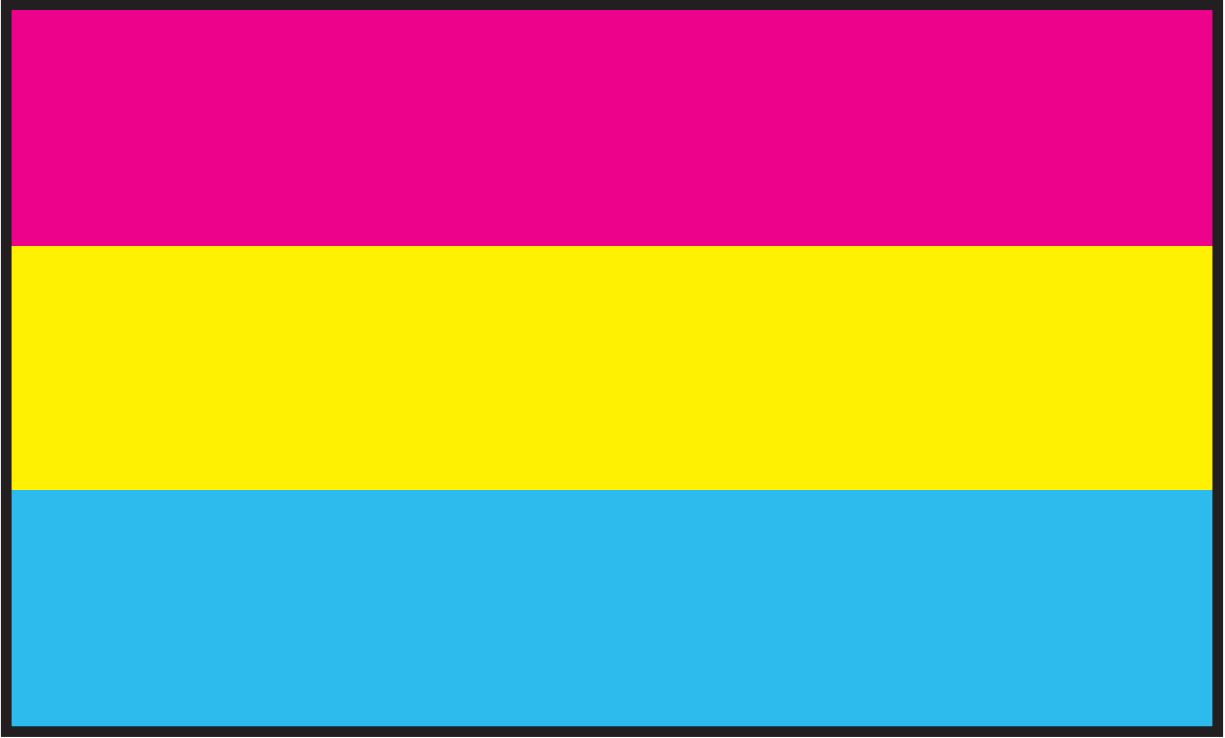
Omnisexuality refers to a sexual orientation in which an individual experiences sexual attraction to people of all genders.

Oriented Aro Ace



Oriented Aro Ace is a term used to describe individuals who are both aromantic and asexual but who may still have a sense of direction in terms of other attractions, such as aesthetic, sensual, platonic.

Pansexual



Pansexuality refers to a sexual orientation in which an individual experiences sexual attraction to people regardless of their gender.

Polysexual



Polysexuality is a sexual orientation in which an individual experiences sexual attraction to multiple genders.

Quoiromantic



Quoiromantic refers to individuals who do not understand or do not feel a connection with the concept of romantic attraction. Quoiromantic is sometimes called "WTFromantic", as in "WTF is romantic attraction?"

Reciproromantic



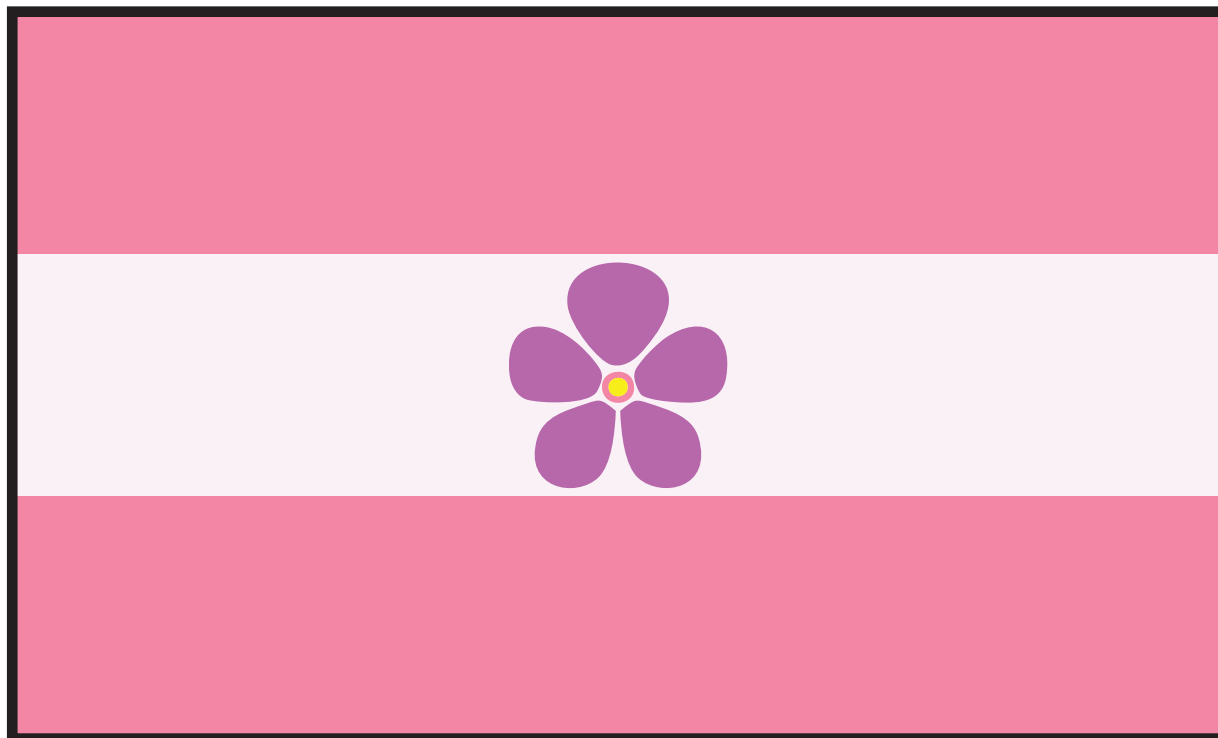
A reciproromantic person only experiences romantic attraction after another person is romantically attracted to them first.

Reciprosexual



A reciprosexual person only experiences sexual attraction after another person is sexually attracted to them first.

Sapphic



Sapphic is a term that is used to describe a woman or femme-identifying person who is romantically or sexually attracted to other women or femme-identifying people. It is not strictly limited to lesbians, but will also include bi or pan people and non-binary or other gender nonconforming people.

Agender



Agender refers to individuals who do not identify with any gender.

Bigender



Bigender refers to individuals who identify with two gender identities. These identities may be felt simultaneously or at different times, and are not necessarily "male" and "female", but can be any gender.

Demiboy



A person who identifies as a demiboy typically has a partial connection to male gender identity. They may experience aspects of masculinity or be socially recognized as male but do not fully align with the traditional male gender.

Demigirl



A person who identifies as a demigirl typically has a partial connection to female gender identity. They may experience aspects of femininity or be socially recognized as female but do not fully align with the traditional female gender.

Genderfluid



Genderfluid refers to individuals whose gender identity fluctuates over time. A genderfluid person may experience different gender identities at different times, such as feeling more feminine, masculine, or even entirely non-binary or agender at various points.

Genderqueer



Genderqueer is a gender identity that exists outside of the traditional binary understanding of male and female. People who identify as genderqueer may feel that they do not fit neatly into either category and may embrace a gender identity that is fluid, non-binary, or undefined.

Neutrois



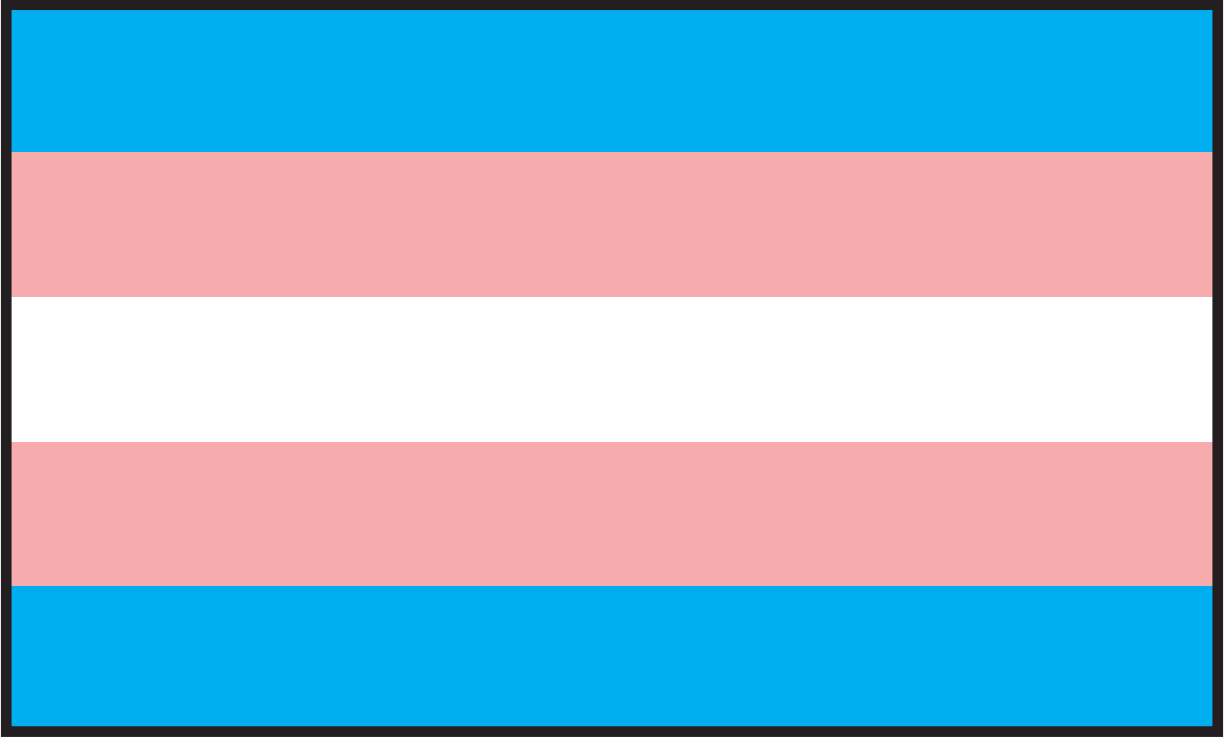
Neutrois is a gender identity described as being genderless or avoiding or removing gendered characteristics, including, in some cases, wanting to have a physically neutral body presentation, through the removal of genitals, breasts, and body hair.

Non-binary



Non-binary is a gender identity that does not conform to the traditional binary understanding of gender as "male" and "female".

Transgender



Transgender is a gender identity describing individuals whose gender identity differs from the sex they were assigned at birth.

Two-Spirit



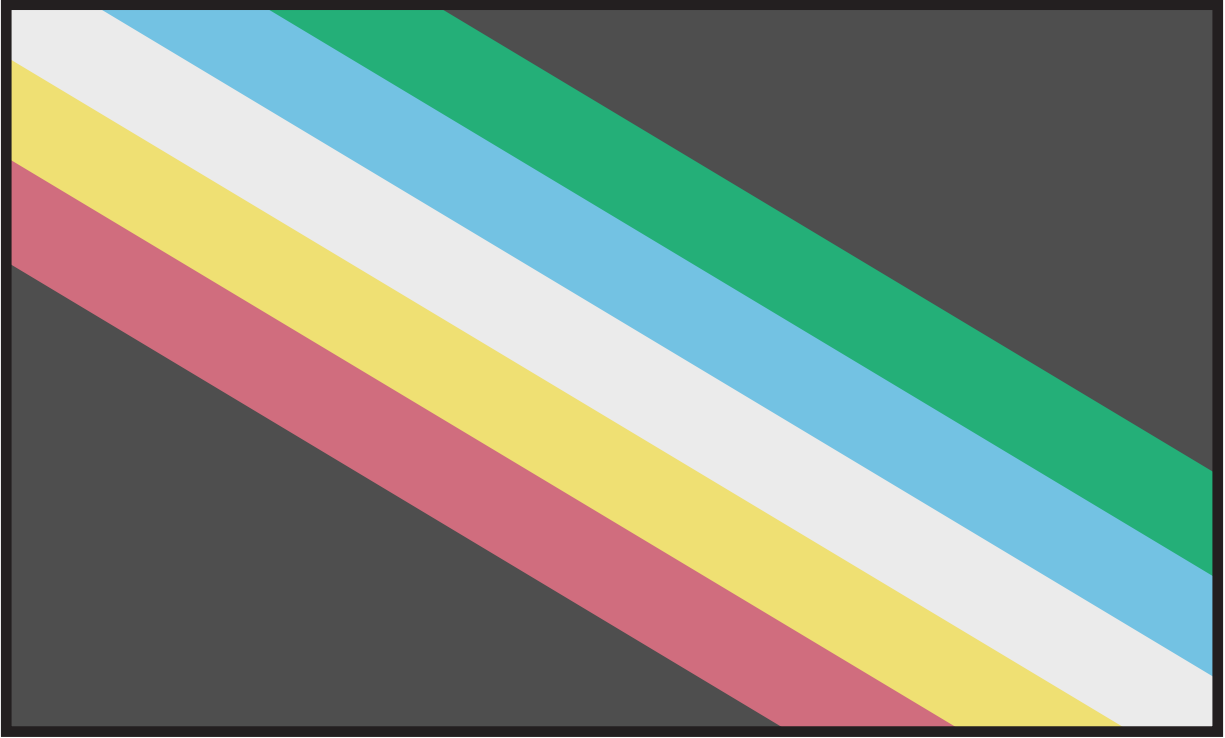
Two-Spirit is a term used by some Indigenous cultures in North America to describe individuals who embody both masculine and feminine qualities, or who occupy a unique gender role that does not fit within the traditional binary.

Bear



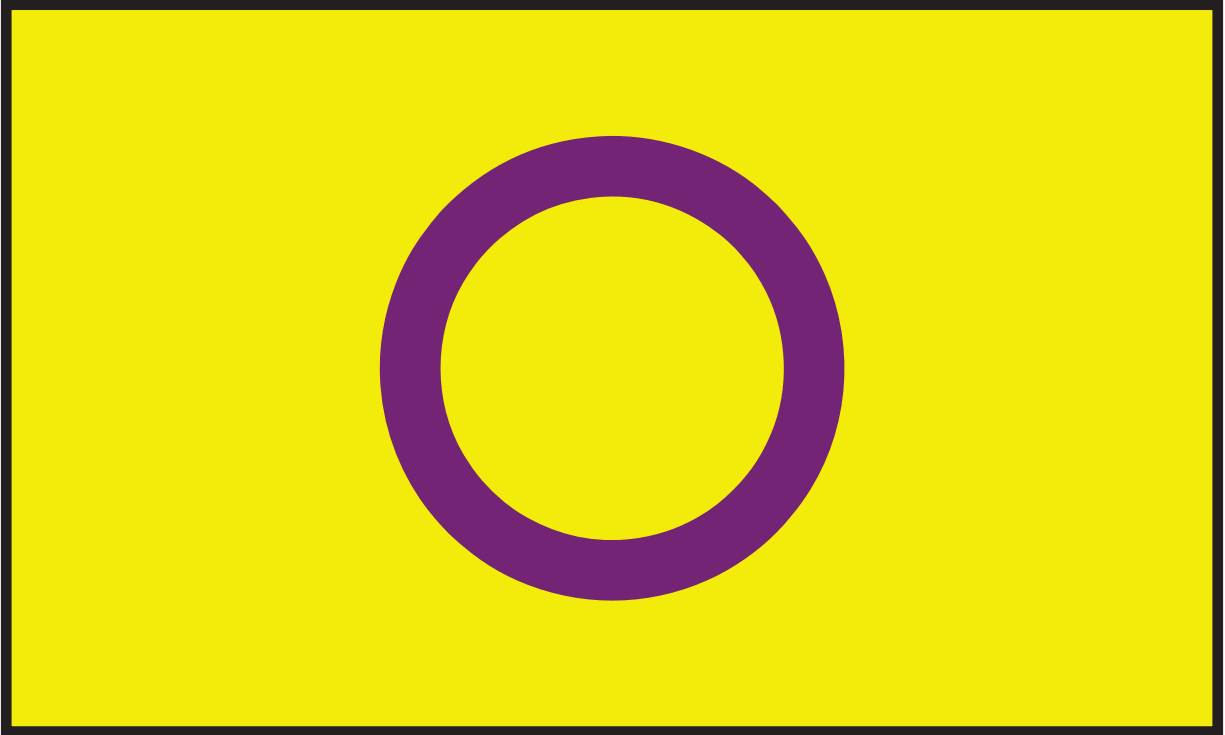
Bear is used to describe a gay or bisexual man who has an appearance often characterized by body hair, a larger build, and facial hair.

Disability



The Disability Pride flag is used to represent people with disabilities.

Intersex



Intersex is a term used to describe individuals whose biological sex characteristics (such as chromosomes, hormones, or reproductive organs) do not fit typical descriptions of "male" or "female".

Intersex-Inclusive Progress Flag



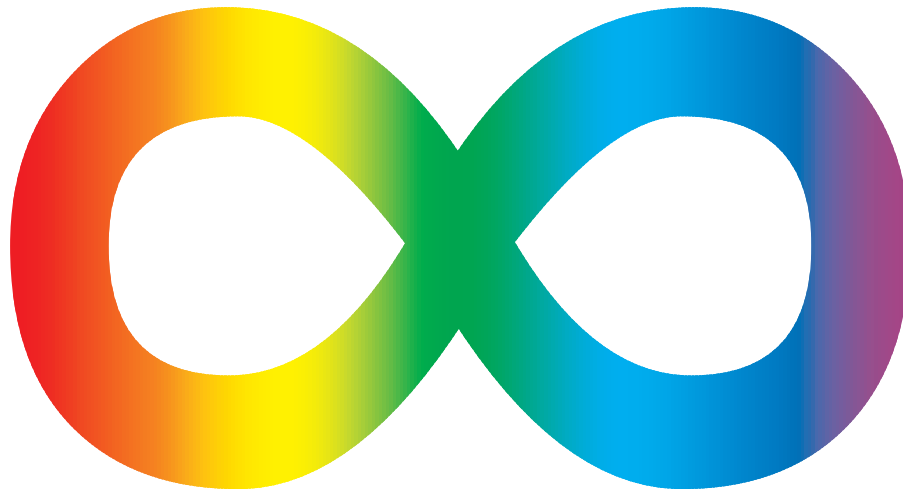
The Intersex-Inclusive Progress Flag builds upon the original Progress Flag design and places the Intersex flag in the chevron as well.

More Color, More Pride (Philly Flag)



In 2017, Philadelphia designed a rainbow flag with black and brown stripes meant to represent BIPOC people.

Neurodivergence



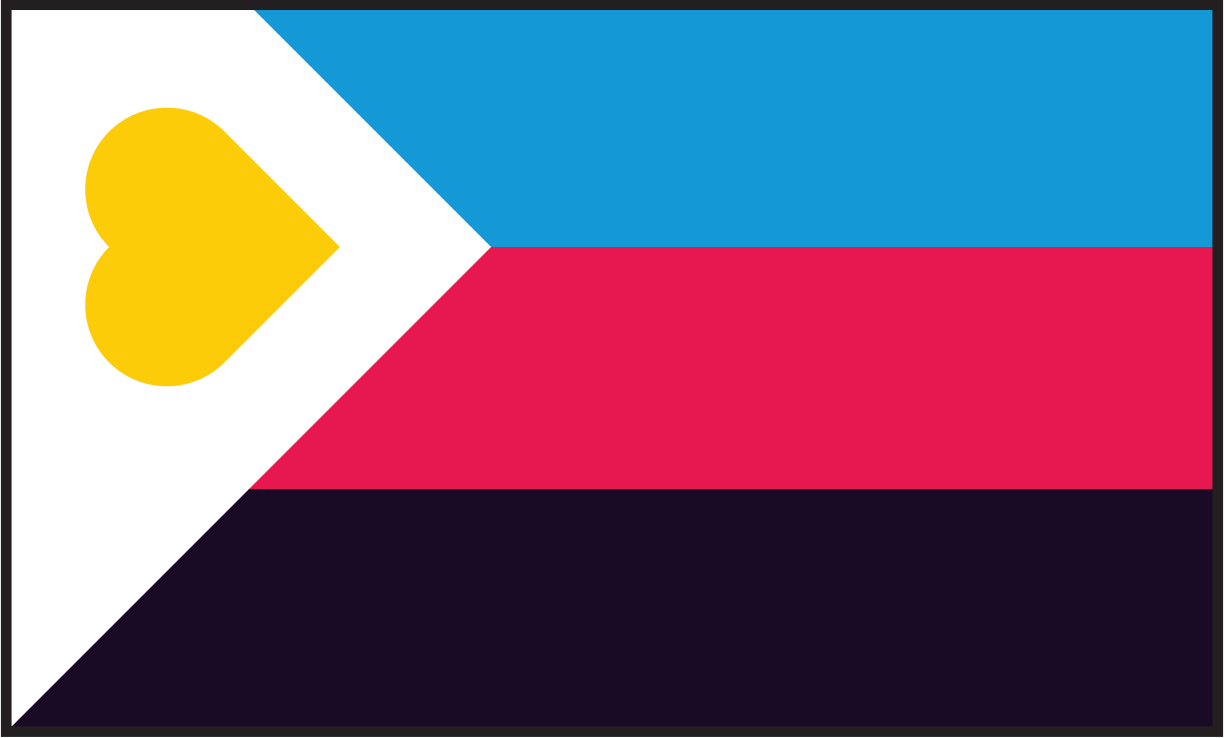
The rainbow infinity symbol is used for autism and neurodivergence acceptance. It is generally preferred over the “puzzle piece” symbol pushed by outside groups.

Original Rainbow



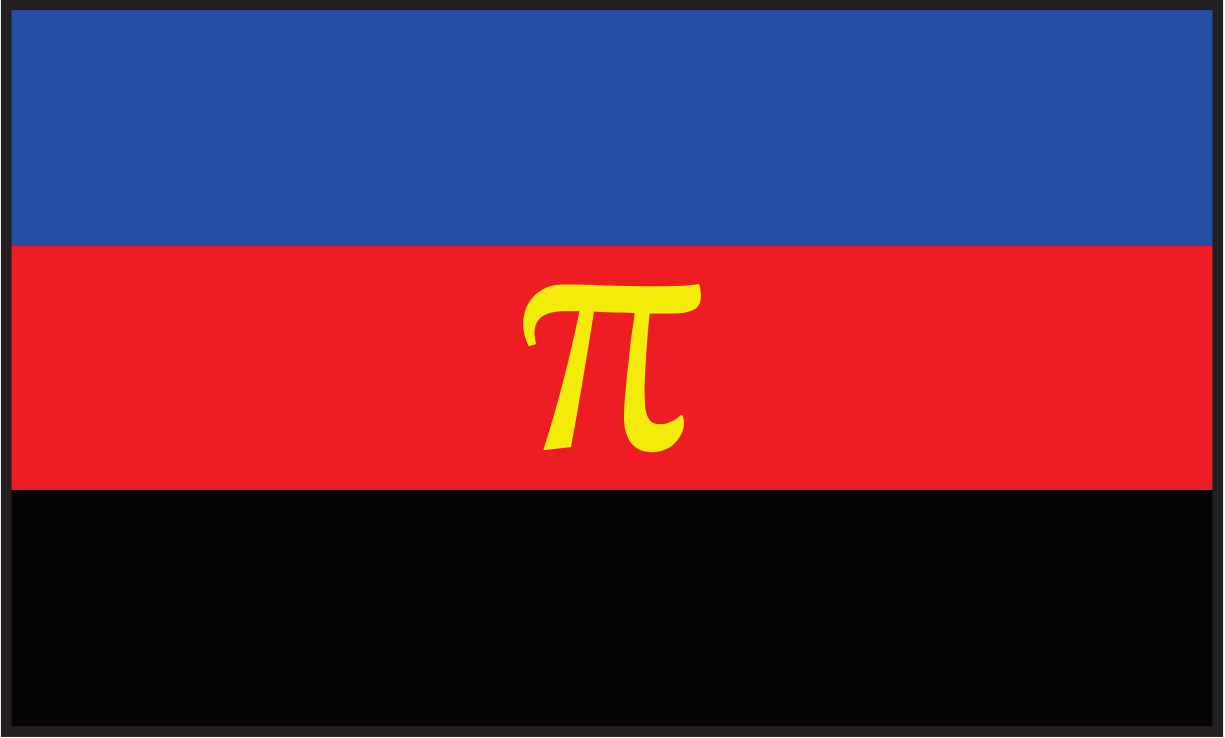
The original rainbow flag had eight stripes, instead of the six stripes most common today. The pink stripe (representing "sex") was dropped due to difficulty in getting pink fabric, and the turquoise stripe (representing magic/art) was dropped when the flag was hung vertically from lampposts and six stripes let it be split equally so there were three stripes on either side of the pole.

Polyamory



Polyamory is openly and consensually having multiple simultaneous romantic and/or sexual relationships. The web of relationship connections is known as a "polycule".

Polyamory



Polyamory is openly and consensually having multiple simultaneous romantic and/or sexual relationships. The web of relationship connections is known as a "polycule".

Progress Flag



The Progress flag is a reworking of the traditional rainbow flag to have stripes that explicitly include BIPOC and transgender people.

Queerplatonic



Queerplatonic relationships are intense, committed, close, non-romantic relationships. People in a QPR often want to share a life with each other, but the relationship can't be put into a "lovers or friends" box.

Ally



The Ally Flag is sometimes seen as offensive, a physical manifestation of the phrase "No Homo", as if to say "I support queer people, but don't you dare mistake me for one. Now give me a cookie for supporting you people!"

If you are tempted to use the Ally flag, don't. Just use the rainbow flag to show your support.

BDSM



The BDSM rights flag symbolizes the acceptance of people who are interested in consensual BDSM.

Leather



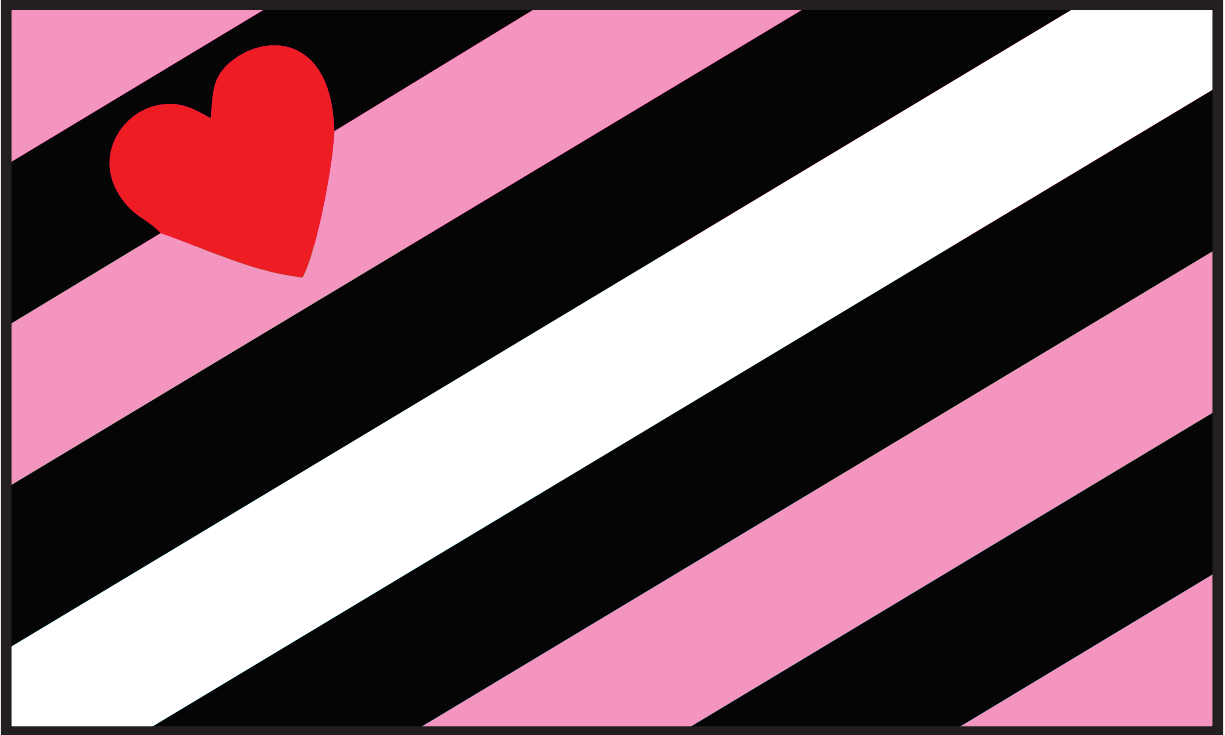
Leather refers to people who are involved in BDSM (bondage, discipline, sadism, masochism) communities and culture.

Leather Boy



The leather boy flag represents younger or more submissive members of the Leather community, who identify as "boys".

Leather Girl



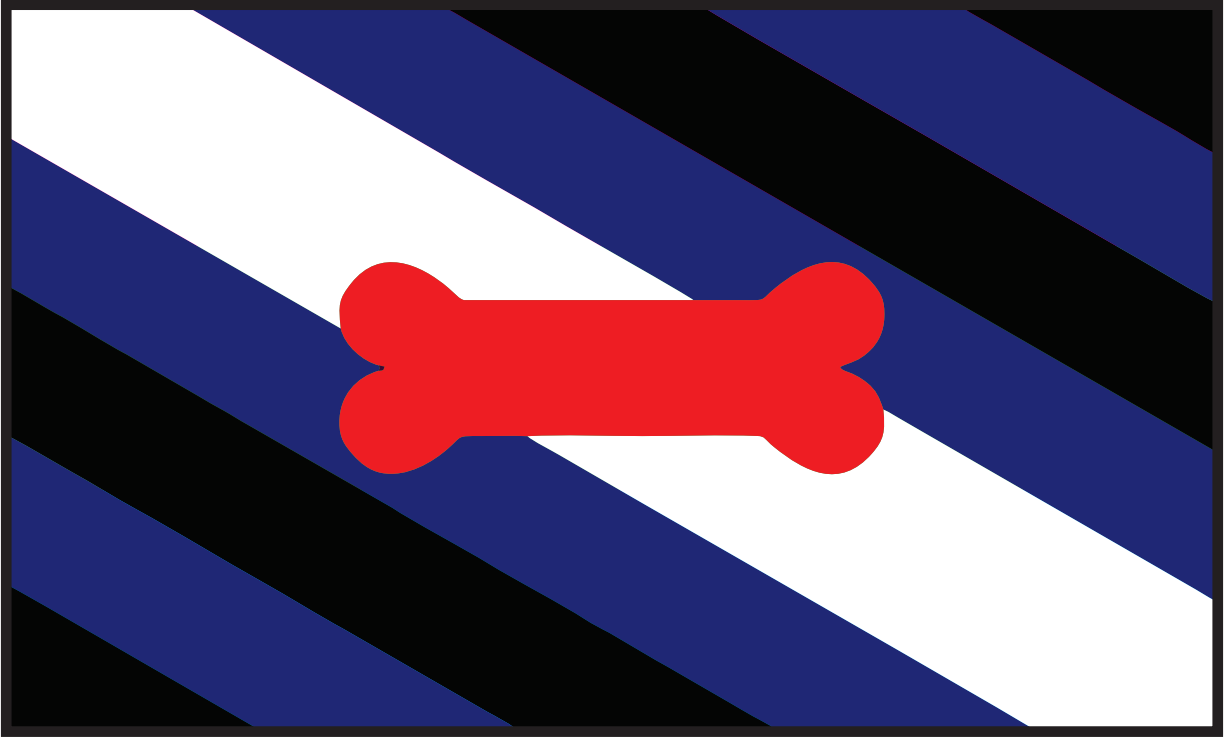
The leather girl flag represents younger or more submissive members of the Leather community, who identify as "girls".

Pony



The pony flag represents people who are into pony play.

Puppy



The pony flag represents people who are into puppy play.

Rubber



The Rubber Flag was created in 1995 and is used in the rubber/latex fetish community, people who enjoy wearing rubber or latex clothing.

Presented By



Seattle Aces & Aros

The Field Guide to Pride Flags was originally created for the Seattle Aces & Aros to use at their booth at Seattle Pride 2025.

The Seattle Aces & Aros are the aromantic and asexual meetup group in the greater Seattle Area. For more information, see:

<https://www.seattleacesandaros.org/>

Special thanks to Sai: Without their initial work on the text, this guide would not exist.